Dementia in The Netherlands

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Facts & Figures

- 254,000 - 270,000 people with dementia
- Costs of formal dementia care in 2015: € 6.6 billion
- 155,000 people have the diagnosis dementia, of which 75,000 live in a nursing home
- 100,000 – 115,000 people without a diagnosis
Diagnosis

➢ No obligation to obtain a diagnosis
➢ But: no diagnosis, no specific care or support

➢ Government stimulates GP’s to take their role in guiding a patient to a diagnosis
Dementia Friendly Society

➢ Dementia friendly society:
  ➢ Initiatives from several municipalities in cooperation with the regional networks for coordinated dementia care
  ➢ May 2016: introduction of a ‘Dementia Friendly Society’ programme
  ➢ Budget (public) €12 million
  ➢ Targeting both professionals and general public
  ➢ By now: nearly 270,000 Dementia Friends
Vision

We need:

➢ scientific research on prevention and/or cure of dementia in the future; in the meantime research to enable a timely diagnosis and, if possible, treatment of dementia and to provide good and effective, evidence based dementia care

➢ innovation in both care and society, enabling a person with dementia to maintain quality of life and to remain a worthy member of society, with as much autonomy and dignity as possible, despite his progressing limitations

➢ leading to financial sustainability of our care systems
Deltaplan on Dementia

➢ Initiative taken by researchers and Alzheimer NL
➢ Overall aim:
  ➢ improve healthcare and support for today’s patient
  ➢ prevention and cure for tomorrow’s patient
➢ Public-private partnership
➢ 2013 – 2020
➢ Estimated budget € 200 million
➢ Government investment: € 82 million
➢ 3 parts:
  ➢ national research programme
  ➢ innovation in care
  ➢ social innovation
National Research Programme: MEMORABEL

➢ Aims:
   ➢ perform pioneering research to better understand the origins of dementias, to prevent dementias and find leads for diagnostics and treatment;
   ➢ develop and use effective and feasible instruments, interventions, care models and innovations, focussing on enhancement of the quality of life, the quality and efficiency of integrated care and support of people with dementia and their relatives

➢ Budget (public) € 64 million

➢ Website: https://www.zonmw.nl/en/research-and-results/the-elderly/programmas/programme-detail/memorabel/
Research Highlights

➢ LRP10 genetic variants
➢ Development and harmonization of biomarkers
➢ Intercultural dementia diagnostics and care in memory clinics
➢ Netherlands Consortium of Dementia Cohorts
➢ Hospital@Home
➢ InLife
Innovation in Dementia Care

2017 - 2020 Programme to improve dementia care
➢ Further professionalization of co-ordinated dementia care
➢ Renewal of the Dementia Care Standard
➢ National Registry of all people with dementia
➢ Budget (public) € 6 million

Long term care in general:
➢ Programme to improve the quality of care in nursing homes
➢ New law on involuntary care and use of restraints
International Co-operation

- World Dementia Council
- WHO
- OECD
- Twinning Programmes
- Joint Programme on Neurodegenerative Diseases Research (www.jpnd.eu)
  - 30 participating countries, EU-members, associated states, Canada, Australia
Questions?

Discussion